



# MENTAL HEALTH IN PANDEMIC

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04TH OF DECEMBER 13:00

ORGANIZATIONAL TEAM LEAD DRAGONFLY  
MENTAL HEALTH, A GLOBAL CONSORTIUM  
FOR ACADEMIC MENTAL HEALTH

Join via Teams <https://tinyurl.com/y4l3jvse>

– An overview of chronic anxiety impact on  
body and mind

– Facilitated discussion in break out rooms  
devoted to the issues caused by isolation  
measures

– General discussion on what to do and where  
to get help

