3-Day Symposium on Food, Nutrition, and Health

Participants: PhD Students enrolled in the doctoral programme and invited PhD students,

professors, PIs, invited keynotes and experts

Dates: Wednesday to Friday 11 to 13 of June 2025

Location: Campus Schwarzsee

Day 1: Wednesday 11.06

Morning

• **08:30–09:30:** Arrival of the participants, coffee & croissants

- 9:30-9:45: Introduction word and overview of the workshop objectives
- 9:45 –12:00: Shotgun Presentations by students on their research topics (10-15 minutes each, including Q&A)
- 12:00–13:30: Lunch at the cafeteria

Afternoon

• 13:30–16:00: Free time for activities and sports

Evening

- 16:15–18:30: Keynote Presentations
 - o **16:15–16:50:** Keynote on Food Processing aspects
 - o 17:00–17:35: Richard Smith (Wiley): General Writing Process
 - o 17:35-17:50: Explanations on the night session writing exercise
- **18:00–19:30:** Dinner at Schwarzsee (restaurant)

Night Session

- 19:45–22:00: Hands-on part: Writing Exercise (self-organized by students)
 - o 19:45–20:30: Individual practical writing exercises with advising from experts
 - o **20:30–21:15:** Peer feedback in tandem
 - o 21:15–21:30: Group exchange on challenges and experiences
 - 21:30-22:00: Wrap-up 1 group member summarizes and presents in 5 minutes the learnings and challenges)

Day 2: Thursday 12.06

Morning

- 07:00–09:00: Breakfast at the cafeteria
- **09:00–11:00: Shotgun Presentations** by students on their research topics (10-15 minutes each, including Q&A)
- 11:00-11:15: Coffee break
- 11:15–12:30: Morning Thematic Presentations
 - o 11:15–11:50: Keynote Food Production / Agriculture
 - o 11:50–12:25: Keynote- Food Marketing & Consumers
- 12:30–14:00: Lunch at the cafeteria

Afternoon

• 14:00–16:30: Free time for activities and sport

Evening

- 16:30–18:00: Afternoon Thematic Presentations
 - o **16:30–17:05:** Keynote #3 –Nutritional & Health aspects
 - o **17:05–17:40:** Keynote #4 Nutritional & Health aspects
- 17:40-18:30: Explanations on collaborative projects and random group assignments
- **18:30–19:30:** Dinner at the cafeteria

Night Session

- 19:45–20:45: Evening Thematic Presentations
 - o 1 or 2 keynotes on *Psychological and Health Aspects*
- 20:45-Overnight: Hands-on part Collaborative Projects
 - Collaborative project work developing a proposal based on the overall learnings from the workshop with the support of professors and experts

Day 3: Friday 13.06

Morning

- 07:00–09:30: Breakfast at the cafeteria
- 09:30–12:00: Project Presentations (organized and moderated by students)
 - o 3 to 4 presentations (10-15 minutes each)
 - o Audience discussion after each presentation
- 10:30–11:00: Coffee break
- 12:00–12:30: Wrap-up and concluding remarks
- 12:30–13:30: Lunch at the cafeteria

End of the symposium