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## 3-Day Symposium on Food, Nutrition, and Health

**Participants:** PhD Students enrolled in the doctoral programme and invited PhD students, professors, PIs, members, invited keynotes and experts

**Dates:** Wednesday to Friday 11 to 13 of June 2025

**Location:** [Campus Schwarzsee](#)

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### Day 1: Wednesday 11.06

#### Morning

- **08:30–09:30:** Arrival of the participants, coffee & croissants.
- **9:30–9:45:** Introduction word and overview of the workshop objectives.
- **9:45–12:00: Shotgun Presentations** by students on their research topics (10-15 minutes each, including Q&A).
- **12:00–13:30:** Lunch at the cafeteria.

#### Afternoon

- **13:30–15:00:** Free time for activities and sports.

#### Evening

- **15:15–18:30: Keynote Presentations + Writing exercise (part 1)**
  - **15:15–15:50:** Keynote 1 (Food Processing aspects) - *Title TBC* – Prof. Tiffany Abitbol, Sustainable Materials Laboratory, EPFL.
  - **16:00–16:35:** Keynote 2 – *General Writing Process* - Richard J. Smith, Executive Editor, Wiley CH.
  - **16:35–16:50:** Explanations on the night session writing exercise.
  - **16:50–18:30:** Individual practical writing exercises with advice from experts.
- **18:30–19:30:** Dinner at the cafeteria.

#### Night Session

- **19:45–21:30: Writing Exercise (part 2 - self-organized by students/proposed sequence)**
    - **19:45–20:15:** Peer feedback in tandem.
    - **20:15–20:45:** Group exchange on challenges and experiences.
    - **21:00–21:30:** Wrap-up - 1 group member summarizes and presents in 5 minutes the learnings and challenges).
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## Day 2: Thursday 12.06

### Morning

- **07:00–09:00:** Breakfast at the cafeteria.
- **09:00–11:00: Shotgun Presentations** by students on their research topics (10-15 minutes each, including Q&A).
- **11:00-11:15: Coffee break**
- **11:15–12:30: Morning Thematic Presentations**
  - **11:15–11:50:** Keynote 3 (Sustainable Food Production) - *Mitigation of gaseous emissions from grassland-based dairy farming systems* – Dr. Frigga Dohme-Meier, Agroscope Posieux.
  - **11:50–12:25:** Keynote 4 (Nutrition & Health aspects) - *Tripped by our Evolutionary Shoelaces: The Irony of Body Weight Regulation in the Era of Supermarkets and Sofas* - Dr-Yann Ravussin, University of Fribourg, Medicine section.
- **12:30–14:00:** Lunch at the cafeteria.

### Afternoon

- **14:00–16:00:** Free time for activities and sport.

### Evening

- **16:00–17:30: Afternoon Thematic Presentations**
  - **16:00–16:35:** Keynote 5 (Food Marketing & Consumers) - *Title TBC* - Prof. Dr. Sabrina Stöckli, Lecturer, Bern University of Applied Sciences, Institute Marketing & Global Management.
  - **16:35–17:05:** Keynote 6 (Psychological Aspects) - *Eating disorders* – Prof. Simone Munsch, Dr. Aline Tiemann (University of Fribourg, FRIC, Psychology department) & Alexander Ariu, (Institut de Psychologie, Lausanne University).
  - **17:05-17:15:** Explanations on collaborative projects and random group assignments.
- **17:30–19:30:** Aperero & dinner at restaurant Gypsera, Schwarzsee.

### Night Session

- **19:45–20:20: Evening Thematic Presentation**
  - **19:45–20:20:** Keynote 7 (Nutrition & Health Aspects) - *Title TBC* - Dr. Serge Rezzi, Swiss Nutrition & Health foundation
- **20:20–Overnight: Hands-on part - Collaborative Projects**
  - Collaborative project work - developing a proposal based on the overall learnings from the workshop with the support of professors and experts.

## Day 3: Friday 13.06

### Morning

- **07:00–09:30:** Breakfast at the cafeteria.
- **09:30–12:00: Project Presentations (organized and moderated by students)**
  - 3 to 4 presentations (10-15 minutes each).
  - Audience discussion after each presentation.
- **10:30–11:00:** Coffee break.
- **12:00–12:30:** Wrap-up and concluding remarks.
- **12:30–13:30:** Lunch at the cafeteria.