



Mindful Motion

Bodily and Dance Practices in Contemporary Spirituality

22 – 24 MAY 2024

UNIVERSITY OF FRIBOURG, SWITZERLAND

Organized by Prof. Oliver Krüger PhD. Manéli Farahmand & PhD. Marie Mazzella di Bosco
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Wednesday, 22nd of May 2024
University of Fribourg - PER 21 E230

16:45 - **Conference opening by Oliver Krüger**

17:00 -18:00 - **Keynote lecture by Anne Koch**, University of Freiburg (Germany)
Why is dance so vibrant? An interpretation of current (neospiritual) motion practices from aesthetics of religion
Discussant: **Oliver Krüger**, University of Fribourg (Switzerland)

Thursday, 23rd of May 2024
Le Point de Vue, Théâtre de l'Équilibre, Pl. Jean Tinguely 1, 1700 Fribourg

9:00 - **Introduction by Manéli Farahmand**, University of Fribourg/ CIC (Switzerland) & **Marie Mazzella di Bosco**, University of Clermont-Auvergne / LESC-CNRS (France)

Axis 1 - From the Individual to the Collective. Commitments and Their Impact
(Chair: Marie Mazzella di Bosco)

9:20 - 10:00 - **Alexandra Brown**, University of Amsterdam (Netherlands)
Atmospheric Collectivities? The Potentials of Shared Practice at Tattva Yoga Amsterdam

10:00 - 10:40 - **Ana Rodriguez**, University of Lausanne (Switzerland)
Liberating Bodies? Contemporary Dance as Resistance in Palestine

10h45 - *Coffee break*

11:00 - 11:40 - **Lina Aschenbrenner**, University of Erfurt (Germany)
The "Gaga" Body between Collective and Individual Embodiment: The Movement Improvisation Practice Gaga as a Site of (Trans)formation

11:40 - 12:20

General discussion led by **Marie Mazzella di Bosco** and **Emmanuel Thibault**

Axis 2 - Care, Healing, Therapies, Psycho-spiritual Shift: A Major intersection
(Chair: Emmanuel Thibault)

14:00 – 14:40 - **Ricarda Stegmann**, University of Fribourg (Switzerland)
Sufism as Self-Realisation: The special involvement of the body in the Inayatiyya Movement

14:40 – 15:20 - **Sara Le Menestrel**, CNRS, CENA/ Mondes Américains (France)
The practice of (Self-)Compassion in healthcare. Bodily technique and professional ethic

15:20 – 16:00 - **Anja Lüpken**, University of Münster (Germany)
Meditation des Tanzes – Sacred Dance as aesthetic formation of a spiritual body group

16:00 – 16:30 - *Coffee break*

16:30- 17:15 - General discussion by **Marie Mazzella di Bosco** and **Emmanuel Thibault**

Friday, 24th of May 2024
Regina Mundi RM 01-C0.101

Axis 3 – Mobilities, Circulations, Rewritings.
Comparative and historical Perspectives
(Chair: Michael Houseman)

9:00-9:40 - **Manéli Farahmand**, University of Fribourg/ CIC (Switzerland)
'Whispering to the Spirit of Cacao': Practices and Aesthetics of Cacao 'Medicina' in Swiss Neospiritual Dancing Scene

9:40-10:20 - **Chi-Fang Chao**, University of Roehampton (United-Kingdom)
Between the Moving Agent and the Moved Body: A Primary Study on Dancing as the Spiritual Empowerment among the Christians in Taiwan.

10:20-11:00 - **Alice Aterianus-Owanga**, University of Neuchâtel (Switzerland)
Dance religious convers(at)ions: the circulation of sabar and Baye Fall aesthetics in France and Switzerland.

11:00-11:30 - *Coffee break*

11:30-12:30 - Conclusion by **Michael Houseman**, EPHE (France) and open discussion