

## 1<sup>ST</sup> RESEARCH DAY ON NUTRITION

November 14<sup>th</sup> 2022

UNIVERSITÉ DE FRIBOURG UNIVERSITÄT FREIBURG

Joseph Deiss Auditorium, PER 22, Bd de Pérolles 90, 1700 Fribourg

8:55-9:00	Welcome address	Dragos Inta
		Dept. for Community Health, UNIFR
9:00-9:15	Ongoing and planned research clusters at UNIFR	Katharina Fromm
		Vice-Rector for Research & Innovation

9:15-10:15 FOOD & NUTRITION RESEARCH		
9:15-9:30	Design and characterization of milk-inspired functional food	Stefan Salentinig Biocolloids Lab, Department of Chemistry, UNIFR
9:30-9:45	Detection of nanomaterials in consumer products	Amelie Bazzoni BioNanomaterials, Adolphe Merkle Institute, UNIFR
9:45-10:00	L-arginine-rich food: Beneficial or Harmful?	Zhihong Yang Cardiovascular & Aging Research, UNIFR
10:00-10:15	Presentation of the Swiss Research Network - Healthy Nutrition	Guy Vergères Functional Nutritional Biology, Agroscope, Berne

10:15-10:45 NUTRITION & DEVELOPMENT		
10:15-10:30	The importance of the microbiome on infant's health	Petra Zimmermann
		Department of Pediatrics, Fribourg Hospital/UNIFR
10:30-10:45	<i>Sleep-wake rhythm development in the (un)born infant: multi-dimensional interactions</i>	Salome Kurth & Markovic Andjela
		Development of Sleep Regulation, UNIFR

## 10:45-11:00 Coffee break



11:00-12:00		
OBESITY RESEARCH		
11:00-11:15	Astrocytes at the interface between systemic energy homeostasis and memory	Katharina Timper
	formation	Laboratory of Obesity Research, University Hospital Basel
11:15-11:30	Towards better early diagnosis and management of sarcopenia and sarcopenic obesity	Abdul Dulloo
		Laboratory of Nutritional Energetics and Body Composition
		Regulation, UNIFR
11:30-11:45	Exploring signals that make us stop eating	Yann Ravussin
		Laboratory of Energetics and Advanced Nutrition, UNIFR
11:45-12:00	Triglyceride lipolysis triggers liquid crystalline phases in lipid droplets and alters the	Stefano Vanni
	LD proteome	Molecular Biophysics of Cellular Membranes, UNIFR
12:00-12:15	Funding opportunities at UNIFR	Katja Wirth
		Research Promotion Service, UNIFR

## 12:15-13:00 Lunch

13:00-13:30 EATING DISORDERS		
13:00-13:15	Disordered eating, related psychological processes and new treatment approaches	Simone Munsch Department of Psychology, UNIFR
13:15-13:30	Behavioral aspects related to obesity and anorexia and to eating behavior in general	Chantal Martin Sölch & Mayron Piccolo
15.15 15.50		Department of Psychology, UNIFR/Harvard University

13:30-13:45 NUTRITION IN BRAIN FUNCTION AND DISORDERS		
13:30-13:45	Influence of nutrition on cognitive processes. Neurophysiological investigations in	Michael Schmid
	non-human primates	Systems Neurosciences Laboratory, UNIFR
13:45-14:00	Default mode network regulation and nutrition	Gregor Rainer
		Visual Cognition Laboratory, UNIFR
14:00-14:15	Acute effects of alcohol consumption on corticospinal parameters measured by	Wolfgang Taube
	transcranial magnetic stimulation	Movement and Sport Science, UNIFR
14:15-14:30	Self-Reported Dietary Habits and their Association with Gene Methylation and	Adrian Hase
	Psychiatric Outcomes	University Center for Psychiatric Research, UNIFR
14:30-14:45	The complex effect of low carb diets	Dragos Inta & Ilya Smolensky
		Translational Psychiatry, UNIFR

14:45 Closing remarks and final discussion round <b>Yann Rayussin</b>			
	14:45	Closing remarks and final discussion round	Yann Ravussin



## Organisation and contact:

Dragos Inta, dragos.inta@unifr.ch

Yann Ravussin, <u>yann.ravussin@unifr.ch</u>

Sylviane Laederach, sylviane.laederach@unifr.ch